**DEJ-028-IRD01** **2026**

**COLLEGE EVIRE**

# Gestion des allergènes

haute savoie le Département

## Jeudi 04 et vendredi 05 juin

| ALLERGENES / JOUR | PLATS PROPOSES | CEREALES / GLUTEN | CRUSTACES | ŒUFS | POISSONS | ARACHIDES | SOJA | FRUITS A COQUE | CELERI | MOUTARDE | GRAINES DE SESAME | LAIT | ANHYDRI DE SULFITE | LUPIN | MOLLUSQUES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| jeudi | Salade verte (une vague de verdure) | | | | | | | | | | | | | | |
| | Sauce vinaigrette | xtraces | | | | | xtraces | xtraces | xtraces | x | xtraces | | xtraces | | |
| | Timbale de crevettes à l'Antillaise | xtraces | x | | x | | xtraces | xtraces | xtraces | x | xtraces | | xtraces | | x |
| | Salade de concombres Antillaise | xtraces | | | | | xtraces | xtraces | xtraces | x | xtraces | | xtraces | | |
| | Marmite de poisson Antillais | x | x | xtraces | x | | xtraces | xtraces | xtraces | xtraces | xtraces | x | xtraces | | xtraces |
| | Colombo de poulet | x | | xtraces | | | xtraces | | xtraces | x | | x | x | | |
| | Riz bio créole tomaté et poivrons | xtraces | | xtraces | | | | | x | xtraces | | x | xtraces | | |
| | Aubergines grillées | | | | | | | | x | | | x | | | |
| | Sirop des îles | | | | | | | | | | | | | | |
| | Tarte noix de coco | x | | x | | | xtraces | x | | | | x | | | |
| | Ananas | | | | | | | | | | | | | | |
| | Pain bio | x | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| vendredi | Salade verte (Délice du jardin) | | | | | | | | | | | | | | |
| | Sauce vinaigrette | xtraces | | | | | xtraces | xtraces | xtraces | x | xtraces | | xtraces | | |
| | Chou-fleur cru en vinaigrette | xtraces | | | | | xtraces | xtraces | xtraces | x | xtraces | x | xtraces | | |
| | Salade de pastèque / féta et menthe | | | | | | | | | | | x | | | |
| | Filet de poisson sauce provençale | x | x | x | x | | xtraces | xtraces | xtraces | xtraces | | x | x | | |
| | Raviolis bœuf | x | | xtraces | | | xtraces | | xtraces | x | | x | x | | |
| | Poêlée (Haricots verts / poivrons / oignons) | | | | | | | | x | | | x | | | |
| | Yaourt fermier sucré | | | | | | | | | | | x | | | |
| | Visite de nos bergers | | | | | | | | | | | x | | | |
| | Timbale glacée vanille / fraise | xtraces | | xtraces | | xtraces | xtraces | xtraces | | | | x | | | |
| | Timbale glacée vanille / chocolat | xtraces | | xtraces | | xtraces | xtraces | xtraces | | | | x | | | |
| | Fruit de saison | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | |
| | Pain bio | x | | | | | | | | | | | | | |